

Five ways to refresh your palate

JOANNE HAWKINS & ALICE WASLEY • SUNDAY MAGAZINE • FEBRUARY 16, 2013 6:00PM

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There's no better way to enjoy a lazy weekend arvo than with a cider over ice. Source: Sunday Magazine

SUNDAY Magazine investigates the resurgence of cider and samples some delicate Cantonese fare in Potts Point.

FROM THE HOMEFRIDGE FROM THE HOMEPAGE

Teenage hackers in AFP's sights

Staying out of trouble a great gift

CIDER APPLE OF OUR EYE Pop into any hip watering hole at the moment and, chances are, a fair portion of the drinkers will be sipping a chilled glass (or bottle) of cider.

Venues have eagerly embraced the trend, with Sydney's Hotel Steyne establishing a Moonshine Cider & Rum Bar, and Melbourne's Young & Jackson pouring a variety of styles at its Rooftop Cider Bar.

Charlie Ostaszewski, co-founder of boutique cider company The Apple Thief, which uses Batlow apples from the Snowy Mountains, puts the popularity of cider down to consumers' desire to know where a product comes from, not to mention what goes into it.

But why cider, not beer? Ruth Gallace, who with her husband, Matt, produces Cheeky Rascal cider on Victoria's Mornington Peninsula, has a theory: "I think a lot of boys in their late 20s and early 30s, in particular, spent their formative years having pre-mixed drinks and didn't develop a taste for beer.

DECODING THE MENU: Choko

Also known as chayote and vegetable pear, choko is a member of the gourd family (along with melons, cucumbers and squash). Popular in Mexican and Cajun cuisine, raw choko can be thinly sliced and added to salads or salsas.

RIPE NOW

A summertime treat, apricots are delicious on their own, and a great addition to salads and desserts. Try making jam, adding to tarts and crumbles or tossing into a green salad with feta and almonds.

ESPRESSO DELIVERY

Small but perfectly formed, the Jura ENA Micro 1, \$990, can be personalised to pour your ideal espresso, with three cup sizes each with two aroma levels. Visit www.au.jura.com.

ONE GOOD REASON

Fei Jai, 31 Challis Ave, Potts Point

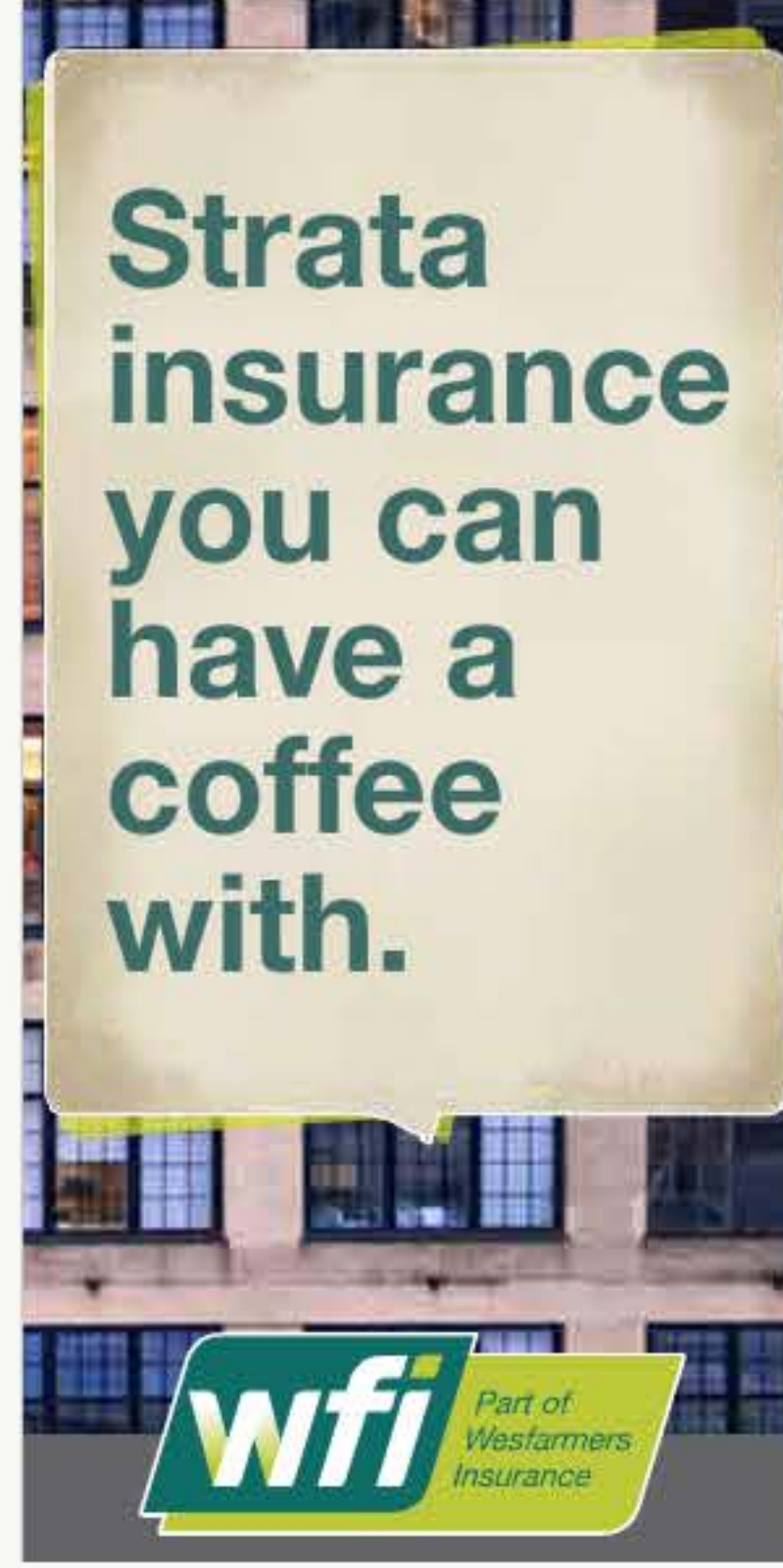
Staying out of trouble a great gift

With newborn eateries springing up almost weekly in Potts Point, it's easy to forget the ones, such as this Cantonese gem, that could be classified as toddlers. Check out the weekend yum cha set menu, served 12pm to 4pm (from \$30 a head), which includes a delicious, cloud-like egg-white crab omelette. Call (02) 8668 4424.

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Women attacked by man with crowbar A WOMAN was terrorised by a man wielding a crowbar in one of three armed robberies across Perth overnight.

Concern for missing Busselton man POLICE are searching for missing Busselton man, Simon Paynter, 41, who has not been seen since leaving his home last Thursday.

Police hunt Lynwood gunmen TWO men are lucky to be alive after they narrowly avoided a shotgun blast at close range into their Lynwood home.

'Dangerous' British fugitive arrested ONE of Britain's most wanted fugitives, armed robber Andrew Moran, has been arrested at a luxury villa on the Spanish coast after four years on the run.

Imran welcomes vote, alleges rigging POLITICIAN Imran Khan has praised the high turnout to Pakistan's elections but said his party would submit a report on alleged vote-rigging.

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Teenage hackers in AFP's sights EXCLUSIVE: AUSTRALIAN Federal Police "interventions" are aiming to turn teen hackers into cyber-crime fighters.

Staying out of trouble a great gift NOT A Mother's Day present - on Sunday a 20-year-old woman, having been out all night drinking with a friend, took a "pill" then collapsed.

Where does all the money go? FAR and away the biggest function of the federal budget is to raise money from those who have it to give over to those who need it.

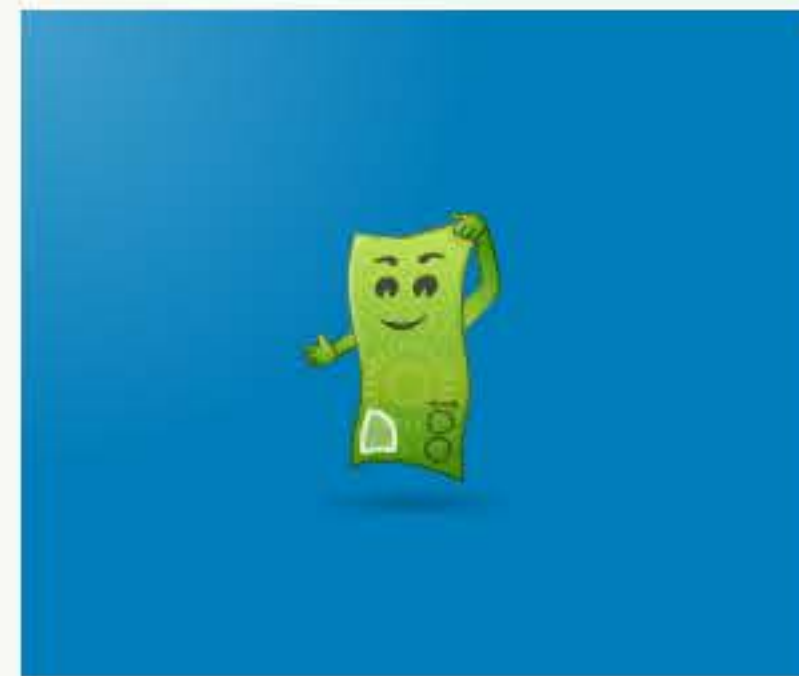
Boston bombers linked to murders THERE is "mounting evidence" that the Boston bombings suspects were possibly involved in a triple homicide in 2011, US investigators say.

Self-managed funds a super investment IT was once the domain of wealthy baby boomers, but now younger Australians on average incomes have begun using self-managed superannuation funds.

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