

Sparkling blend is perfect for lovers

HIGH school sweethearts Matt and Ruth Gallace will clink a glass to love, life and work on Valentine's Day.

The South Yarra couple, both in their early 30s, have been together for 16 years and have spent the past eight in business together.

The pair own and operate fruit winery Rebello Wines.

Mrs Gallace said the idea for the business came after they had both finished university.

"We were living on Matt's parents' farm, Sunny Ridge Strawberries, and decided to buy part of the business," Mrs Gallace said.

"We commercialised it and changed the range and it just worked."

The couple's first wine was named after their first daughter, Charlotte, and they planned to create another for their youngest daughter, Isabella.

Mrs Gallace said with Valentine's Day around the corner, their sparkling wine

VALENTINE'S DAY

Legend had it that Valentine, a priest who served during the third century in Rome, defied Emperor Claudius II's decree that single men made better soldiers and married young lovers in secret.

Strawbellini was the perfect gift. It is the only strawberry and moscato sparkling blend sold in Australia.

It has claimed international recognition, winning a double gold medal in the open sparkling category of the San Francisco International Wine Competition.

Mrs Gallace said after the success of their wines, the couple introduced Cheeky Rascal Cider, a 100 per cent real fruit cider, which came in more than 10 flavour combinations.

Details:



Matt and Ruth Gallace, of Rebello Wines, hope to inspire love with their sparkling wine Strawbellini.

Picture: ROBERT MCKECHINE N33MP279

lane

Decision deferred

A DECISION on contentious plans for 590 Orong Rd has been deferred for another week. Stonnington councillors will consider recommendations from an independent panel report on a planning scheme amendment for the Armadale property on Monday. Cr Claude Ullin called for the deferral, saying many residents had not had a chance to read the report due to the holiday period. The panel, appointed by Planning Minister Matthew Guy, considered the council's amendment and submissions to put in planning controls to prevent any further redevelopment of the site.

Works green light

STONNINGTON councillors have given the green light to redevelopment works planned for Chadstone Shopping Centre, Stages 2A, 2B and 3A – all part of a \$500 million revamp – will include a new bus interchange, additions to the Myer carpark, a new Kmart tyre and auto, roadworks to the Princess Highway and a new retail tenancy on the lower ground floor.

prahran community learning centre inc.
Prahra Community Learning Centre is offering Occasional Child Care commencing April 2013.
To express your interest or for more information please contact PCLC:
40 Grattan Street Prahra VIC 3181

464608832

Severe Headaches? Migraines?

Living with headaches is tough. Days and nights of being miserable, irritable, and feeling a lot older than you really are. The frustration of knowing that others don't understand what you're going through.

Add this to doctors' visits, expensive MRI's and CT scans – which only come back with "normal" results. And that's not all... trying one medication after another, feeling like you're on a merry-go-round of drugs. All this is enough to make anyone want to scream!

My name is Dr. Ryan Harrod (Chiropractor), owner of MBF Chiropractic. I've been helping patients with neck tension, shoulder stiffness, headaches and migraines live pain free for years now.

Every week I hear how people suffer from severe headaches – statements like...

- "I feel like my head is in a vice."
- "My eyes hurt and I feel so drowsy."
- "I have to lay down."
- "I've had migraines since childhood."
- "Muscle tension in the neck and pain into the shoulders."

"I only wished I had found you sooner"

I have decided to run a very special offer for those suffering from headaches, call now and you will receive all the services I normally charge new patients \$158, for the very special price of \$37!!

And here's what you'll get...

- An in-depth consultation about your headaches where I will listen to the details of your unique situation.
- A complete neuromuscular and skeletal examination of the head and neck so we can find the problem.
- (If clinically indicated) a full set of x-rays to determine if a posture or joint problem is contributing to your pain.
- A thorough analysis of your exam and x-rays where we'll map out a treatment plan on how you can get rid of your headaches once and for all.

Call today, I may be able to help you live a normal, pain-free life again. Call

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